Safety, Nutrition and Health in Early Education

- For students who want to become:
  - Preschool teachers
  - Elementary school teachers
  - Family child care providers
  - Nannies

Holistic Approach to Early Childhood Education

- The Environment
  - Physical
  - Social and Emotional
  - Cultural
  - Economic

Holistic Ecological Approach
Health Promotion, Protection and Prevention

- Knowledge of developmental aspects and issues helps to _____, protect, and _____ risk for children
- Teachers need to establish and maintain a healthy environment
  - Using an holistic approach
  - Being aware of organizations that help promote well-being and prevent harm
    - National Health and Safety Performance Standards for Child Care
    - National Association for the Education of Young Children
    - Early Childhood Environmental Rating Scales

Risk and Risk Management of Children’s Well Being

- What is risk?
- To prevent risk for children, risk management minimizes the chance of danger for children in early childhood education environments

Risk and Risk Management of Children’s Well Being

- Teachers need to use:
  - Health promotion
  - Safety protection
  - Nutrition education
Six Goals for Providing High Quality Child Care

Goal One

Goal Two

Goal Three
What is a Quality Early Childhood Education Environment?

• Teachers:
  o have ....
  o provide ....
  o have skills to communicate with parents and promote nurturing
  o are ....
  o are adequately compensated

What is a Quality Early Childhood Education Environment?

• An environment that:
  o 1.
  o 2.
  o 3.
  o 4.
  o 5.

• Quality in early education can be reflected in the practices of the teachers
Constructing Curriculum for Quality Early Childhood Education Environments

- Provide mechanism for teaching children
- Includes a number of elements
- Should offer several important qualities including flexibility

Constructing Curriculum for Quality Early Childhood Education Environments

- Reggio Emilio approach
- Investigation of information
  - Gaining knowledge through project-based learning by doing

Constructing Curriculum for Quality Early Childhood Education Environments

- Project steps
  - One = interest or idea
  - Two = development
  - Three = conclusion
- Co-constructive curriculum
Constructing Curriculum for Quality Early Childhood Education Environments

- Regular curriculum
  - Theme based
- Has objectives and outcomes
  - Age and developmentally appropriate