Red Light Green Light
~Sample Lesson Plan~

**Originating idea:**
Pre-School PE Lesson Idea

**Materials needed:**
No Materials Needed

**Possible Areas of Development**
Physical Development, Social and Emotional Development

**Procedure**
Start off by having the children to line up on one end of the room. Pick one child to stand on the opposite side of the room. That child will be the leader.

The leader then calls out either red light meaning the other children do not move or green light meaning the children move until the leader says red light. If any children move when the leader says red light they have to go back to the starting line.

The child who reaches the leader on the opposite side of the starting line wins and becomes the new leader.

**Follow up:**
Ask the children what they learned about the meanings of the red and green light. Then ask them about other signs besides stop lights and what they think those colors might mean. Example, If red means stop, what does a yellow yield sign mean and show them the sign.